

REAP Marlborough Newsletter



Jo (ECE), Kate (Coordinator, Digital Support) & Selena (Schools)

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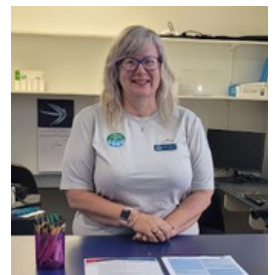
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MESSAGE FROM CEO, SHARON

Happy New Year from the REAP Marlborough team... where did January & most of February go?! Now we are into February the weather will hopefully settle and we can enjoy a couple of months of outdoor activities not adversely affected by wind and rain.

Our team has grown and we now have 2 great new ladies who have joined us; Kate Horrey (pictured above) is the Coordinator of Digital Support Services – this role which is a collaboration of several agencies who provide support to those who require assistance with learning how to use their digital devices, whether it be having a new phone, a tablet or laptop. Kate will be putting all the information together so that it can be shared into the community through groups such as ourselves, Age Concern, Picton & Blenheim libraries, and Citizens Advice Bureau.

Sara Harwood (pictured right) - Adult Community Education (ACE) - has joined our team and is based in Picton at the Mariner's Mall on Monday's so pop along to the old Resource Centre space in the Mall. Come and have a kōrero with Sara and find out what REAP is all about and have a think about what courses you would like us to deliver in Picton/Waitohi.



Introducing Kate

Kia ora, I am the new Coordinator for Digital Services. I see my job as helping groups and individuals work together to become more comfortable using technology in everyday life. I am not a technical expert and have been known to shout at the computer myself from time to time.... so I quite understand how challenging it can feel. The good news is there is lots of help out there, and its my job to let you know who to contact.

Outside of work I enjoy the country life on our tiny lifestyle block in the Wairau Valley, complete with a few chickens, too many pet cats and, at the moment, my sister's bachelor herd of alpacas are also in residence. I love animals, books, and quiet rural living. My personal challenge for 2023 is to learn to play table tennis.





Adult & Community Education

Keep an eye on Instagram or Facebook for more great courses coming up ... and don't forget, if there is something you would like to learn, contact us and we'll see what we can do to help.



Te Reo Maori Evening Classes

Location: REAP Marlborough, 65 Seymour Street, Blenheim
Cost: \$70.00 (6 week course)
Time: 6.00pm - 8.00pm
Tutor: Virgil Houppa

Date: Wed, 29th Mar - Wed, 3rd May
Date: Wed, 7th June - Wed, 12th July
Date: Wed, 9th Aug - Wed, 13th Sept
Date: Wed, 11th Oct - Wed 15th Nov

An introductory course covering basic Māori language skills and culture. Course fills up fast so get in quick. 4 course dates to choose from.

Ukulele For Beginners

Location: REAP Marlborough, 65 Seymour Street, Blenheim (6 week course)
Cost: \$30.00
Time: 7.00pm - 8.30pm
Tutor: Kathrine Townshend

Date: Mon, 17th Apr - Mon, 22nd May
Date: Mon, 7th Aug - Mon, 11th Sept

Learn the basics, including how to play some basic songs and waiata.

Ukulele Part 2

Location: REAP Marlborough, 65 Seymour Street, Blenheim (6 week course)
Cost: \$30.00
Time: 7.00pm - 8.30pm
Tutor: Kathrine Townshend

Date: Mon, 12th June - Mon, 17th July
Date: Mon, 6th Nov - Mon 11th Dec (Xmas Edition)

Continuing to build on the skills and further practice with the chords learnt from the beginners class

Photography for Beginners

Location: REAP Marlborough, 65 Seymour Street, Blenheim
Cost: \$65.00 (6 week course)
Time: 6.00pm - 8.00pm
Tutor: Helen Nickisson

Date: Mon, 20th Feb - Mon, 27th Mar

Learn how to master your camera and make the most of whatever camera you have to take photo's

Te reo Maori Language Daytime Class

Location: Comcol, 65 Scott Street, Blenheim
Cost: \$70.00 (6 week course)
Time: 10.00am - 12.00pm
Tutor: Glenna Casalme

Date: Wed, 15th Mar - Wed, 19th Apr
Date: Wed, 7th June - Wed, 12th July
Date: Wed, 9th Aug - Wed, 13th Sept
Date: Wed, 11th Oct - Wed, 15th Nov

An introductory course covering basic Māori language skills and culture. Course fills up fast so get in quick.



How to enrol online

We already have a bunch of courses and classes planned for 2023 and Shona is working hard to add a few more to our calendar. On our website, you can now sign up for first aid classes and language, music, or driving courses quickly and at your convenience.

More courses will open for enrolments on our website soon so keep an eye on our social media for announcements of new additions!

If you're viewing this newsletter as a pdf on a computer, tablet, or phone, you can tap or click below to reach our website and begin browsing upcoming courses...



CLICK / TAP TO START

Alternatively, go to www.reapmarlborough.co.nz and click 'COURSES' in the top menu.

You can view all courses listed alphabetically by scrolling down this page, or you can **filter** by subject matter. For example, selecting the 'Languages' tab will display upcoming NZ Sign Language and Te Reo Māori courses.

When you spot a course that looks interesting, **click the course title**; this is a link that takes you to a description of the course.

From this page you can also sign up by clicking the **green 'Book Now' button** and filling in the online form.



Telehealth at Te Whatu Ora

Telehealth is a way of attending your medical appointment. Instead of seeing your clinician (doctor, nurse, or other healthcare professionals) in person at their clinic, you connect with them through a phone or video call. Like you would call your friends and whānau!

Telehealth has many benefits:

- saves time – you don't have to travel or take time off work,
- saves money – you don't have to pay for travel or parking,
- convenient – you don't have to 'go' anywhere but can attend your appointment from wherever,
- lowers the risk of catching or spreading germs.

Ask your clinician if it's right for you!

And don't worry if you're curious but not tech-savvy. Te Whatu Ora Nelson Marlborough offers free, individualised learning sessions to help you set up your video appointment. For more information, visit www.nmdhb.govt.nz/telehealth/, email telehealth@nmdhb.govt.nz, or phone 022 038 0499.



Upcoming Events

NAU MAI, HAERE MAI

Seniors' Expo

2023

featuring recreation and activities

TUESDAY 7 MARCH
10.00am–1.00pm

Marlborough Events Centre Alfred Street, Blenheim

How we're supporting 2023 Census

REAP Marlborough is working with Stats NZ and is pleased to be able to offer assistance to members of the Marlborough community who do not have access to digital devices or the internet or if you are uncertain how to complete the paper forms.

We will be opening our offices at 65 Seymour Street, **Monday, 6th March - Thursday, 9th March, 5pm - 7.30pm** and feel free to come in during the day if you need help too, we have internet access and laptops available

Pop in say hi and we've even got some cool Census merchandise to share out once you have completed your online or paper form

Face-to-Face in Picton

Sara will be available to assist you (face-to-face) with filling in the 2023 Census. This support is available to anyone; just pop in to Mariner's Mall during the following times!

| | |
|------------------------|--------------|
| Monday, 27th February | 8.30am - 5pm |
| Tuesday, 28th February | 9.30am - 4pm |
| Friday, 3rd March | 9.30am - 4pm |
| Monday, 6th March | 8.30am - 5pm |
| Wednesday, 8th March | 9.30am - 4pm |
| Friday, 10th March | 9.30am - 4pm |



Mariner's Mall, Picton
(in the old Picton Resource Centre)

Tatau tātou - All of us count
7 March 2023