

# SEPTEMBER 2023 REAP Marlborough Newsletter



## MESSAGE FROM CEO, SHARON

Finally spring is here and hopefully soon these cold, wet spring days will be replaced by some sunshine. The school holidays have started and I am sure that there are many parents who are hoping for sunny days!!

Another busy quarter for REAP staff with many activities in our Communities from Kaikoura to Wairau Valley and everywhere in between. It was wonderful to support the Rural Readiness Expo held in the Wairau Valley alongside many great agencies and Emergency Services Personnel in August - a huge thanks to Jo and Kate for their mahi that day.

Andy Navarro, our School and ECE Activities Facilitator has been doing some fun activities with students from Redwoodtown and Riverlands Schools using the Slackers Ninja Lines and this is now being asked for in several other schools. Andy is also doing Art activities with some ECE tamariki - keep an eye out on our facebook page for updates on this.



An exciting couple of months with Kate Horey, Digital Support Coordinator, who has been involved with developing a Digital Storytelling Project for our seniors to learn digital skills and to share their wonderful stories with their families, and their communities. This project is steadily progressing into a programme that has engagement from Seniors, MDC, Te Waipuna o Kahu and other agencies including Age Concern and Presbyterian Support. As always a collaborative approach brings a greater coverage and we are hoping that funding will be secured for this project to really take off in 2024 with a planned exhibition in early 2025.

As I write this message I am enjoying the peacefulness of being in Linkwater housesitting and being the designated feeder of a dog and cat - amazing how animals and water bring a calmness and tranquillity to your thought processes. Having recharged my batteries in readiness for the last three months of the year ( how frightening is that?!) I am joining my team in offering a number of great courses/ activities and opportunities that we hope you will enjoy.

Drivers Licensing has been a large part of our programmes in 2023 and will grow even more in 2024 - Shona Winter has been connecting with members of our Blenheim and Picton communities and also Former Refugees, in collaboration with our friends from the Red Cross Pathway to Settlement and Pathway to Employment teams, also a large number of highly anxious whanau who have not had the confidence to move on from their Learners Licences to Restricted Licences..

Sara Harwood has been a great advocate for those needing to learn the NZ road code - not just knowing the answers by rote but fully comprehending the why of those answers.

Eddie van der Westhuizen our driving instructor provides amazing guidance and coaching to support our anxious, nervous and sometimes quite petrified learners to be successful in their goals of attaining their restricted Licences - sometimes after many decades of driving on a learners.

We have been thrilled to receive funding from Havelock Mussel & Seafood Festival Committee and the Havelock Gallery which will allow us to deliver a Drivers Licence Programme at Rai Valley Area School for their Senior students. Programmes will include - Learners Licence, Restricted & Full Licences and also Defensive Driving.

Keep an eye on our social media for updates as we bring more courses to Marlborough.

- Sharon

## FREE HOME INTERNET FOR KIDS

Do you have school-age kids and need home internet? Free internet is available for households with a school-age child and no current connection.

Installation and monthly costs paid for by the Ministry of Education until 30th June 2024 (with a solution for beyond in the works). For more information speak to your child's school or contact 0800 441 844 and speak to the EDOS team who can arrange the connection for you.

If you work for a social services organisation, school, or health provider and want to know more about this scheme to help your clients, REAP is running a free zoom session with Kristen Waters from Manaiaakalani Education Trust

Monday, 16th October

11am - 12pm

RSVP: [kate@reapmarlborough.co.nz](mailto:kate@reapmarlborough.co.nz) / 578 7848

## SENIORS WITH SMARTPHONES

Seniors are invited to share afternoon tea with us and make friends with your cellphone! Practice using your cell phones, text messages, and apps in an informal and supportive environment. Kate and Shona will be there to answer basic cellphone questions on an individual basis. These events are FREE.

Tuesday, 3rd October

2 - 3pm

at REAP Marlborough (65 Seymour St)

Please bring your charged cellphone.

Please RSVP to Kate:

[kate@reapmarlborough.co.nz](mailto:kate@reapmarlborough.co.nz) / 022 600 3582



**COFFEE,  
CAKE, AND  
CELLPHONES  
FOR SENIORS**

## ECE NEWS

### PROVISIONALLY CERTIFICATED AND MENTOR TEACHERS

How fortunate are we to continue the collaboration with University of Otago to deliver professional development for our new teachers and their mentors.

We're super excited that early childhood kaiako are engaging in this PLD too. Keep on coming!



### HE MĀPUNA TE TAMAITI WORKSHOPS

We had a fabulous turnout to the workshop with Sue Hone - MOE Curriculum Lead Early Years. We had more than 90 kaiako participate in this professional learning with many describing it as 'The best PD ever!'

REAP Marlborough will continue to work closely with Sue in Marlborough and Kaikoura.

### PLAYGROUPS

We would love to connect with you and kōrero about how REAP Marlborough could partner with you and your community.

Contact Andy - [andrea@reapmarlborough.co.nz](mailto:andrea@reapmarlborough.co.nz)

### SLACKERS NINJALINE

Have you heard about Slackers Ninjaline? The new entrants at Redwoodtown and Riverlands School have been loving their free weekly session with Andy. There are many great benefits to using the Ninja Slacklines including encouraging students to exercise and improve coordination, core strength, stamina and resilience. Who doesn't love a great outdoor challenge especially with spring on our doorstep.

If this is something you would like for your students, please contact Andy - [andrea@reapmarlborough.co.nz](mailto:andrea@reapmarlborough.co.nz)



## ADULT & COMMUNITY EDUCATION

### TRADITIONAL CHILEAN BAKING

Dates: 2nd - 16th October (3 weeks)

Time: 5:30 - 8:30pm

Location: Salvation Army Kitchen

Price: \$100- pp

Tutor: Carina Gonzalez

Learn to bake some traditional foods from Chile - dobladitas, brazo de reina, and torta pina crema.

### UNDERSTANDING AND MANAGING ANXIETY

Dates: 25th November - 2nd December

Time: 10am - 12pm

Location: 10/2 Stuart Street, Blenheim

Price: TBC

Tutor: Kae-Lynn Sorensen

Tired of feeling overwhelmed and anxious? So are we! Anxiety is so common yet rarely talked about. When we become more aware of our own anxiety and the tools that work for us as individuals, it can truly be life changing. This workshop will give you time to better understand anxiety and move from surviving to thriving.

### BABY/TODDLER FIRST AID

Date: 12th October

Time: 1 - 3pm

Location: REAP Marlborough (65 Seymour St)

Price: \$20- pp

Tutor: Nine Scott

Essential First Aid tips for your baby/toddler. Scenarios covered include choking, CPR, burns fever, allergic reactions, and more.

### BEGINNER WOODWORKING (Kaikōura)

Dates: 10th October - 14th November

Time: 6:30 - 8:30pm

Location: Te Hā Community Shed, 14 Ludstone Road, Kaikōura

Price: \$20- pp

Tutor: Max Scattergood

Design and make a chopping board using router and template method. Basic woodwork safety and use of tools.

**To enrol for this course, email [kaikoura@reapmarlborough.co.nz](mailto:kaikoura@reapmarlborough.co.nz)**

### THE ART OF FERMENTATION

Date: 14th October

Time: 10am - 1pm

Location: REAP Marlborough (65 Seymour St)

Price: \$20- pp

Tutor: Sally Rees

Learn to make sauerkraut, brine pickled veggies, kimchi, kombucha, labneh, cashew cheese, cultured butter, and milk/water kefir.

### BASIC COMPUTERS FOR WINDOWS USERS

Dates: 6th November - 11th December (6 weeks)

Time: 6 - 8pm

Location: 10/2 Stuart Street, Blenheim

Price: \$65- pp

Tutor: Briana Adams

For anyone who is new to computers. You will learn the basics of the operating system and the essentials people may want to use on their computer.

### BASIC COMPUTERS FOR APPLE USERS

Dates: 12th October - 16th November

Time: 6 - 8 pm

Location: 10/2 Stuart Street, Blenheim

Price: \$65- pp

Tutor: Briana Adams

Learn the basics of the Apple/Mac operating system. It will also highlight the differences between iPads and Macbooks. We will look at basic apps and essentials people may want to use with their device. iPhones not included.

### DEFENSIVE DRIVING

Dates: 17th, 19th, 24th, 26th October

or 28th Nov, 30th Nov, 5th Dec, 7th Dec

Time: 6 - 8 pm

Location: REAP Marlborough (65 Seymour St)

Price: \$170- pp

Tutor: Eddie Van der Westhuizen

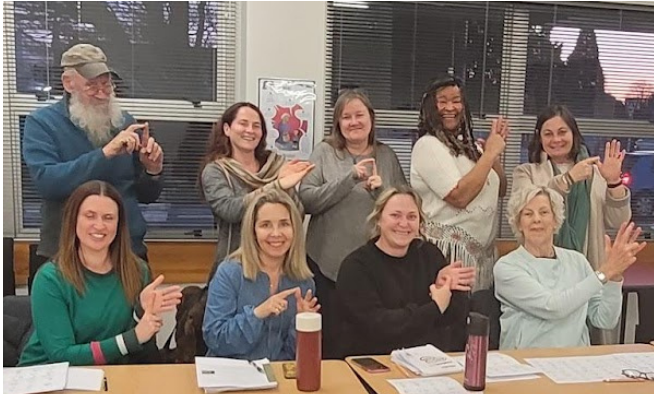
If you have just passed your restricted licence, then enrol on a defensive driving course. You will be able to do your full licence after 12 months instead of 18 months.



## ACE COURSE FEEDBACK

### NZ SIGN LANGUAGE

"This is an amazing refresher course for me. It helped me to regain my confidence in using NZSL. Eufrasia was a fantastic and fun teacher"



### WATERCOLOUR FOR BEGINNERS

"Rowan was a lovely teacher, made me feel in a safe place. He was very supportive and helpful throughout the course"



### TE REO MĀORI

"I thought Te Oho Mauri was a fantastic teacher. He was able to break things down into non scary pieces and then put things together. He was very encouraging and built confidence."



## BETTER DIGITAL FUTURES FOR SENIORS

For seniors who want to use digital technologies to pursue hobbies, communicate with family and friends, and become more independent online. Bring your device along and spend an hour on a Wednesday one on one with Shona, learning tips and techniques and increasing your confidence. This one-hour session is completely free. Bookings are essential so ring the office to book your spot (Wednesdays only); you choose which hour you prefer.



## DONATE A DEVICE

REAP Marlborough is keen to try a small pilot trial of repurposing second-hand laptops or tablets to gift to members of the community who lack the resources to purchase a new one. If you have an unwanted or unused tablet or laptop you are willing to donate, please let Kate know on 578 7848 or email [kate@reapmarlborough.co.nz](mailto:kate@reapmarlborough.co.nz). Devices should be in working order, less than ten years old, and have the computer login and password information which will allow us to delete all data and return them to their factory settings or if able, you could restore it to factory settings yourselves before donation.

